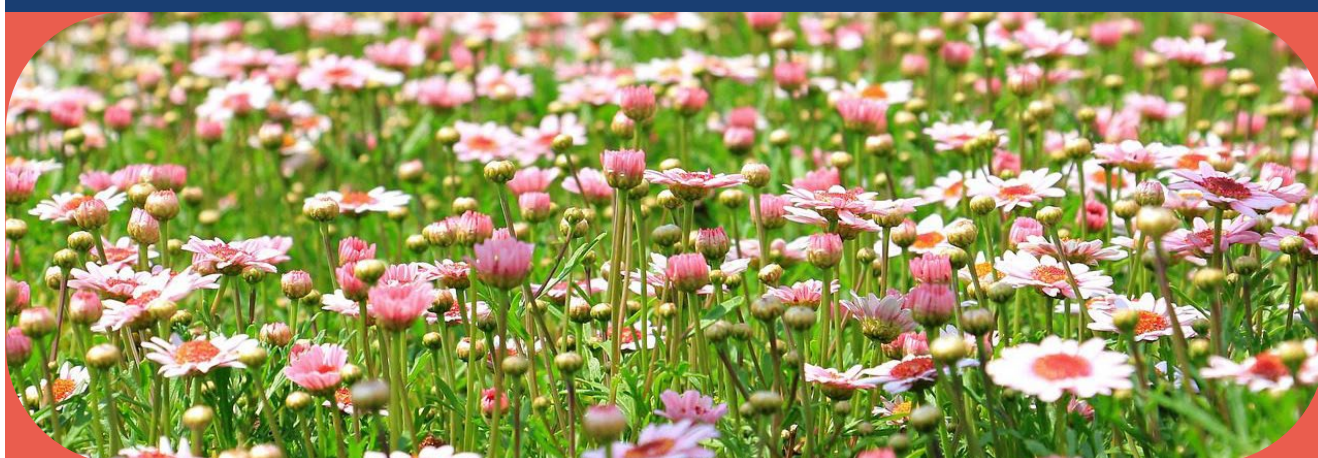


# CUH Patient and Public Involvement Spring 2023 Newsletter

News and updates on PPI in the East of England



## Welcome to the Spring 2023 edition.

This newsletter is being delivered to you since you have previously asked to be added to our subscriber list. We use this quarterly newsletter to keep you informed about PPI news, training opportunities, and other events on the local and national levels. Please email [cuh.ppi@nhs.net](mailto:cuh.ppi@nhs.net) to update your choices if you would prefer to be removed from our subscriber list.



## Online Researcher PPI Training: Autumn 2023 Dates Announced

Our online PPI training sessions are held on Zoom. They are open and free-of-charge for UK-based students and staff employed or funded by the NIHR, NHS, academic institutions and charities. They are designed to provide training for health researchers on a range of important PPI skills and activities. We also host public information sessions on PPI aimed at members of the public -

These sessions predominantly cover involving adults in research, as we have substantially less experience working with children and young people. Although content in these topics can relate to all audiences, please be aware that we do not specifically cover PPI with children or young people.

The courses will be available for registration from June, when times are confirmed, by visiting the [Online PPI Events page on the NIHR Cambridge BRC website](#). Please note that a work associated email (e.g. .nhs.net, .ac.uk etc.) is required to confirm registration.



### [Introduction to PPI for researchers](#)

**3rd August 2023**

This interactive session covers what PPI is, how it can help research and tips for doing it well. The session also includes one of our CUH PPI Panel members sharing their experiences of getting involved, and a PPI case study presented by a local researcher.

### [PPI Toolkit: Ways to involve the public in research](#)

**5th September 2023**

This session looks at some of the methods that can be used for PPI to help researchers find ways that might be suitable for their project. The session covers

activities that can be used throughout the research cycle, with examples from research taking place on campus.

### **How to build and maintain PPI groups**

**28th September 2023**

Forming a PPI group can be an effective way of involving people in your research. This session looks at the different ways a PPI group can work, how to recruit group members and how to keep them involved throughout the lifecycle of your project. Includes one of our CUH PPI panel members and a researcher who will share their experiences.

### **Running successful PPI groups**

**18th October 2023**

Focus groups can be a great way to support discussion about your research with a group of interested people. In this session we will look at how focus/discussion groups can be useful for PPI, when they might not be appropriate and how to plan, organise and follow up a successful session.

### **Planning inclusive PPI**

**9th November 2023**

To maximise the impact of PPI and improve research for everyone, we need to involve a diverse range of people and communities. This session encourages participants to think about ways to design inclusive PPI opportunities that work for the communities they wish to involve. We will look at best practice and examples for relationship building, recruitment, planning and follow up.

### **Evaluating PPI**

**28th November 2023**

PPI is seen as essential to improving the value and relevance of research - but how can we evaluate the impact that our PPI has had, to know whether it has worked well and how it can be improved in the future? In this session we will look at why traditional evaluation is difficult for PPI, how best to plan for success, and monitoring and recording your impact.

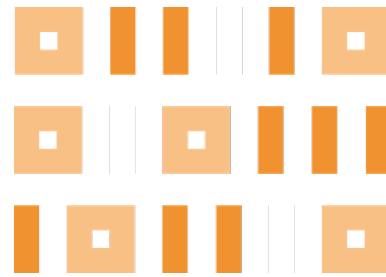
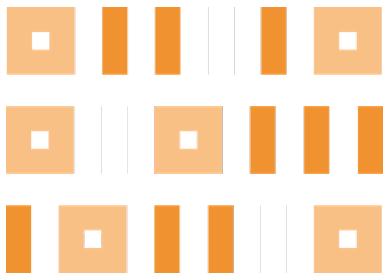
### **Writing lay summaries for health research**

**Tuesday 13th December 2023**

An interactive session for health care researchers on communicating your research to a wide audience. Looking at what makes a successful lay summary and things to avoid based on feedback from our public contributors.

We have seen a lot of no-shows with our online training sessions. As we offer a small number of places, please consider allowing other researchers the opportunity to take your place, if you are unable to attend for any reason.

**If you need to cancel your ticket, either log into your Eventbrite account or email: [gan23@medschl.cam.ac.uk](mailto:gan23@medschl.cam.ac.uk)**



## **Research Information talks for the public in 2023**

We have put together a series of research information talks from Cambridge researchers on common topics that we have seen come up in our involvement over the past 12 months.

### **The talks in 2023 will cover the following topics:**

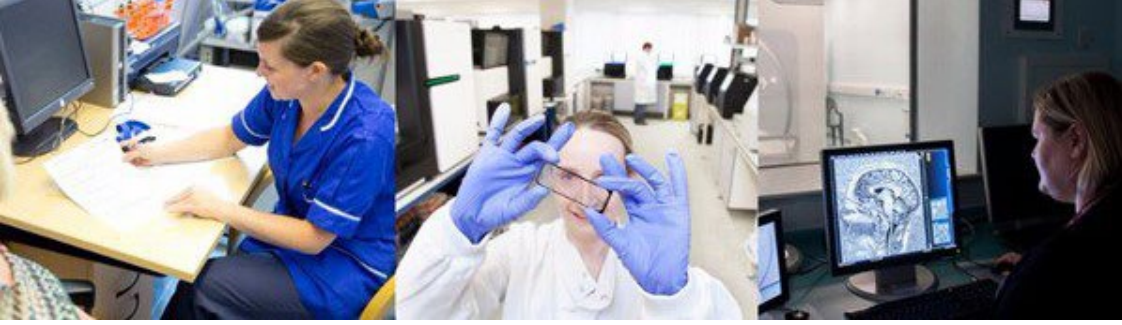
- From Idea to Practice: The Research Journey Towards Commercialisation  
7th June 2023 15:00-16:00
- What does a Research Ethics Committee do?  
29th June 2023 14:00-15:00
- How does Gene Therapy work?  
13th July 2023 15:00-16:00
- Data Science: Electronic Health Record data- towards a better understanding of older adult inpatient experiences  
7th August 2023 11:00-12:00
- How AI is impacting healthcare research?  
6th October 2023 12:00-13:00
- What are Biomarkers and how are they used in research?  
21st November 2023 11:00-12:00

These talks are open to anyone involved in research across Cambridge, and the links will be shared with both CUH PPI panel members and public involvement/engagement staff in our network. If you are a researcher who would like to contribute to this series, or if you have public contributors who may wish to attend, please get in touch at [cuh.ppi@nhs.net](mailto:cuh.ppi@nhs.net)



## **Researchers' feedback to CUH PPI panel**

## members



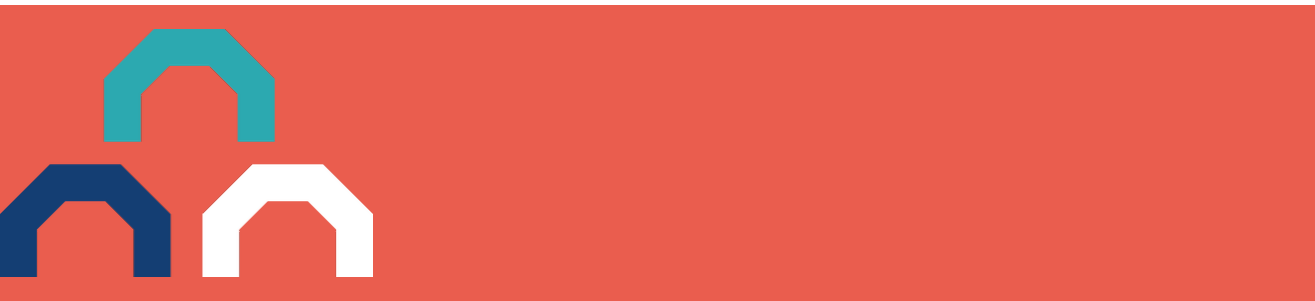
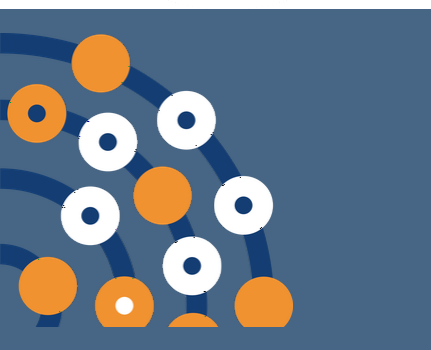
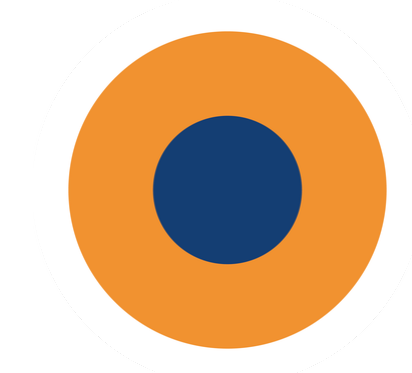
It's been a busy time with researchers needing your help. What did they think of your involvement? Check out the feedback they gave on the academic research projects [Click here](#)

Feedback has been shared from projects conducted between **December 2022 to March 2023**

**These files are password protected and only available to CUH PPI panel members.**

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## Public Involvement & News updates



### GOV.UK

#### **Press releases related to Medicines and Healthcare Products Regulatory Agency**

[MHRA and Genomics England to launch pioneering resource to better understand how genetic makeup influences the safety of medicines](#)

The Medicines and Healthcare products Regulatory Agency (MHRA) and Genomics England are teaming together to test a cutting-edge genetic research tool known as a 'biobank.' This novel resource intends to improve our understanding of how a person's genetic makeup influences the safety of pharmaceuticals they receive, launching 1 June 2023

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#### **NIHR BioResource Scientific Conference**

The NIHR BioResource is hosting its first Scientific Conference on Wednesday 28th June from 9:30am to 12:30pm. This free online event is open to anyone but aimed primarily at academic, industry and NHS researchers, based in the UK or overseas. The NIHR BioResource Scientific Conference 2023 will showcase a variety of cutting-edge academic and industry-led translational research across a range of disease areas, and highlight the potential of working with the NIHR BioResource to access participant data, samples and recall by genotype and/or phenotype.

The following researchers will present their work, along with an introduction to the NIHR BioResource from its co-Chair [Prof. Patrick Chinnery](#) and closing remarks from [Dr. Nathalie Kingston, Director](#).

- Prof. Jack Satsangi - University of Oxford - Inflammatory Bowel Disease (IBD)
- Dr. Richard Unwin - University of Manchester - COVID-19
- Dr. Peter Dixon/Prof. Kath Williamson - King's College London - Rare Diseases
- Florence Enjalbert - Orchard Therapeutics - IBD
- Jessica Daly - University of Sussex - Alzheimer's

[Visit the conference website for more info and to register.](#)

Join the NIHR BioResource and partners on 28th June to learn how the NIHR BioResource can be your chosen partner to support your experimental medicine research or early-phase clinical trial.

Stay up to date with the latest conference updates and other BioResource news via the NIHR BioResource [website](#), [Twitter](#) and [LinkedIn](#) channels. If you have any questions, please contact [Hannah.Williams@bioresource.nihr.ac.uk](mailto:Hannah.Williams@bioresource.nihr.ac.uk)

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## **PHOTONIC: Prehospital triage for suspected stroke patients**

Stroke is a major cause of death and disability in the UK and worldwide. Stroke patients get better care and have better outcomes if treated in a stroke specialist unit, but currently such units also treat many patients who have not had a stroke. The PHOTONIC study aims to determine if patients who have a suspected Stroke have better outcomes if the paramedic crew attending them liaise with Stroke clinicians using video technology to triage them before setting off to a hospital.

The PHOTONIC team are producing podcasts, with every member of the team being interviewed to describe what benefit they bring to the project, and also to describe what their job in the wider sense entails.

The new **PHOTONIC podcast** has just been published! Each month, an update will be given on the project and interview a guest speaker, to support wider discussion of aspects of research and stroke services.

- You can find the podcast on our study website: <https://www.ucl.ac.uk/epidemiology-health-care/research/applied-health-research/research/health-care-organisation-and-management-group/photonic>
- There is also a tweet about their latest podcast - see <https://twitter.com/angusramsay/status/1655928296276922372>



## **Tackling the crisis in general practice**

### **Authors:**

Carol Sinnott, senior clinical research associate - THIS Institute - Cambridge  
Barbara Dorban-Hall, public involvement panel member - CUH  
Mary Dixon-Woods, director

The Health Foundation's analysis of the Commonwealth Fund's 2022 worldwide health policy survey, which focuses on primary care physicians in 10 countries, yields troubling results. The report uncovers concerning trends among healthcare professionals, such as increasing workloads, elevated rates of burnout, and diminishing job satisfaction.

This article is now published online in the British Medical Journal, with links below:

**Article:** [Tackling the crisis in general practice](#)



## **The experience of patient partners in research**

Patient engagement in research consists in involving patients as partners across the research cycle. This practice has quickly become an international standard, with funding bodies actively encouraging it.

[Click here to read the full article.](#)



*You have received this email because you previously expressed an interest in receiving updates from the PPI Team at NIHR Cambridge BRC. If you no longer wish to receive emails from us, please email [cuh.ppi@nhs.net](mailto:cuh.ppi@nhs.net) to unsubscribe.*