

CUH Patient and Public Involvement

Winter 2023 Newsletter

News and update on PPI in the East of England



Welcome to the Winter 2023 edition.

This will be our first newsletter of the year and we would like to thank you all for your contributions to research.

Welcome our first newsletter of 2023! You are receiving this as you have previously asked to be added to our newsletter subscriber list. We use this regular newsletter to keep you up to date with local and national PPI news, training events and other opportunities. If you would rather not remain on our subscription list, please email cuh.ppi@nhs.net to update your preferences.



Workshop

WORKSHOPS HELD AT LUCY CAVENDISH COLLEGE CAMBRIDGE

Friday, DECEMBER 2ND 2022. Report by Barbara Dorban-Hall

**TO IDENTIFY AND UNDERSTAND THE NHS SURGICAL ECOSYSTEM IN THE
EAST OF ENGLAND AND CAUSES OF ELECTIVE BACKLOGS**

Hosted by CUH, about 30 healthcare professionals and patient representatives attended a full day of discussions at Lucy Cavendish College, Cambridge in an attempt to understand and resolve the issue of surgical backlogs and blocks throughout the NHS patient journey.

Attendees, who included consultants, GPs, academics, managers, data analysts, government officials and members of the CUH PPI group. were divided into 5 roughly equal groups (in

terms of professional role) each headed by a facilitator. All groups participated in four topic led workshops designed for discussion in an analytical progression towards understanding, as follows:

Workshop 1 This discussion sought to map all elements of the surgical eco system in the East of England, including community, primary and secondary care systems beyond CUH to enable a systemic approach to health and social care recovery.

Workshop 2 Using the process maps identified in Workshop 1, patient example cards were used to test these processes across specific medical scenarios and thereby understand the key causes of elective backlogs and the consequences of backlog on individual people.

Workshop 3 Having mapped processes and used medical scenarios, this discussion was to understand the real journey and experiences of patients with complex needs navigating the surgical ecosystem.

Although Workshop 3 was designed to obtain most feedback from patient representatives, the members of our CUH PPI panel made vital contributions to ALL workshops throughout the day.

The value and extent of these contributions was not only met with huge appreciation by researchers but also a degree of surprise!

Workshop 4. This was to introduce a tool to analyse the system data gathered and seek feedback on what data sources to use, how to link them (and by whom) and how to use the tool to understand and measure stresses in the healthcare system that might affect the patient journey.

The whole day was exceptionally interesting not least because this appeared to be the first time that many participants had viewed the NHS ecosystem through the eyes of not only other professionals working in the system but also the patients themselves. Although a huge amount of valuable, new information was gathered with the potential to form a viable action plan, I remain unsure what success will look like or how it will be measured..



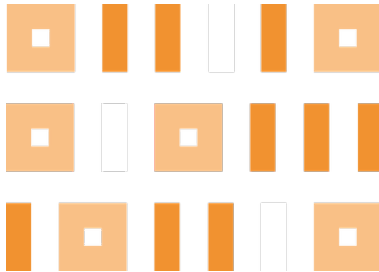
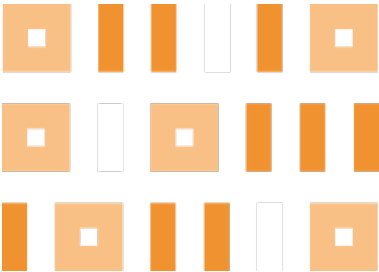
Thanks from Katharina, Daniel, Tom and John (Health Systems Design Group, Department of Engineering, University of Cambridge)

Dear Gail and PPI panel members,

On December 2nd 2022, you attended a research and patient/public involvement workshop on Friday looking at the peri-operative care of multi-morbid patients and system causes of the elective backlog. This was a large piece of work with representatives from central government, the trust, university, and most importantly, you as patient representatives, all contributing to our upcoming research endeavours. From our own experience and from the feedback we received your contributions and insightful comments were highly valued.

We hope you found the day enjoyable and interesting. Please feel free to give us any comments or suggestions for improvement to our process. We are only at the beginning of this project and are hoping to include a significant PPI strand within the project – both during development and during the actual delivery so want to make this as mutually valuable as possible.

Thank you again for your time and effort!



Researcher Talks Series in 2023

Similar to last year, this year we will have two series of talks for CUH PPI panel members and other public contributors involved in research in Cambridge:

Cambridge Research Stories

We will have 4 talks from Cambridge researchers on the four most popular talks voted in the end of year survey. We are currently working out dates and talk titles with speakers on the following topics:

- Genomics
- Mental Health
- Data Science
- Artificial Intelligence

CUH PPI panel members will receive invitations to these talks over the next month.

Research information seminars

We will have 6 talks from researchers sharing further information on common topics that we have seen come up in our involvement over the past 12 months. The most popular talk topics were:

- What are Biomarkers, and why are they important?
- How Gene Therapy works
- What do Research Ethics Committees do
- How and Why is Research Commercialised
- What role do healthy volunteers play in research
- How does Immunotherapy work

These talks are open to anyone involved in research across Cambridge, and the links will be shared with both CUH PPI panel members and public involvement/engagement staff in our network. If you are a researcher who would like to contribute to this series, or if you have public contributors who may wish to attend, please get in touch at cuh.ppi@nhs.net



Online Researcher PPI Training: Spring 2023 Fully Booked until May!

Keep an eye out for new dates for training over the summer.

These online sessions are held on Zoom. They are open and free of charge for UK-based students and staff employed or funded by the NIHR, NHS, academic institutions and charities. They are designed to provide training for health researchers on a range of important PPI skills and activities. We also host public information sessions on PPI aimed at members of the public.

Please note that we work on PPI with adults; what is discussed can relate to all audiences. We do not specifically cover PPI with children or young people.

You can register to attend all sessions by visiting the [Online PPI Events page on the NIHR Cambridge BRC website](#). Please note that a work associated email (e.g. .nhs.net, .ac.uk etc.) is required to confirm registration.

Other researchers:

We have seen a lot of no-shows with our online training sessions. As we offer a small number of places, please consider allowing other researchers the opportunity to take your place, if you are unable to attend for any reason.

If you need to cancel your ticket, either log into your Eventbrite account or email:
gan23@medschl.cam.ac.uk

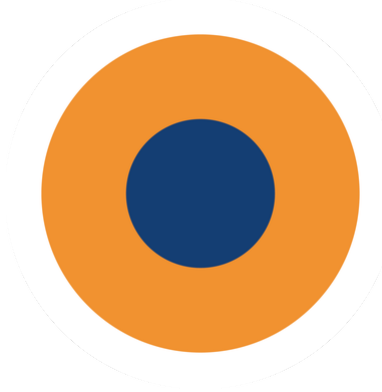
Researchers' feedback to CUH PPI panel members



We had an extremely busy year in 2022 with researchers wanting YOUR input - and what's been THEIR feedback?

Find out what they thought about your PPI contributions via this link: [click here](#) to access feedback from academic research projects. Feedback has been shared from projects conducted between **October 2022 to December 2022**.

These files are password protected and only available to CUH PPI panel members.



**Linking you to
what's new,
relevant and
challenging in PPI.**

The PPI team often encounters articles on the subject of PPI that challenge our assumptions and drive us to consider the PPI we do in greater detail, even though we don't always agree with their conclusions. We'll include links to articles that catch our attention in every newsletter, and we hope they'll do the same for you. Please tell us what you think!



The Patient Experience library

This quarterly Patient Experience magazine provides insightful commentary combined with the finest and most recent research. An article entitled, 'Engaging People' and what it all means is well worth a read.

[Click here to read the full article](#)

Artificial pancreas

NICE recommends an artificial pancreas for use in NHS for type 1 diabetes, potentially life-changing for those whose diabetes is difficult to control and at risk of long-term complications (105,000 in England and Wales). Developed in Cambridge, it combines an insulin pump, continuous glucose monitor and algorithm to give the right amount of insulin.

[Click here to read the full article](#)



Planning permission submitted for East of England cancer hospital

Cambridge City Council has received a complete planning proposal for the construction of a new regional cancer research hospital on the Cambridge Biomedical Campus.

[Click here to read the full article.](#)



Major funding for Cambridge will help find new cancer treatments

On Monday, 23rd of January 2023, clinicians and scientists in Cambridge happily received the news that a substantial sum of £3 million would be invested in the search for new cancer treatments in the city. This investment will provide hope for those diagnosed with the illness in the future and will be allocated to Cambridge's Experimental Cancer Medicine Centre (ECMC) over the course of the next five years so that doctors and scientists can develop cancer interventions for both adults and children.

[Click here to read the full article.](#)



The experience of patient partners in research

Patient engagement in research consists in involving patients as partners across the research cycle. This practice has quickly become an international standard, with funding bodies actively encouraging it.

[Click here to read the full article.](#)



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